



# CORE

Certificate of Resuscitation and Emergency Care (CORE) is the New Zealand Resuscitation Council's standard for resuscitation curriculum for health professionals in New Zealand. A CORE certification provides the basic skills and knowledge for the management of life-threatening illness and injury, both within and outside of a responder's immediate environment.

Please ensure to check with your credentialing body or employer that the course you are doing meets their requirements.

CORE is available in three different courses

- CORE Immediate
- CORE Advanced
- CORE Skills

## **CORE Immediate**

This course is for responders who might be expected to manage the early stages of cardiac arrest.

- CORE Immediate (Adult) includes adult collapse management.
- CORE Immediate (Adult and Child) includes adult and child collapse management.

## **CORE Advanced**

This course is for advanced responders who may be expected to manage and supervise resuscitation events.

## **CORE Skills**

This course is for responders who require practical knowledge and skills in resuscitation.

Each CORE course and provider will have a Course Director who is responsible for the delivery of the course.

After completing either CORE Immediate and CORE Advanced, you will be awarded with a Certificate of Resuscitation and Emergency Care (CORE). The CORE Skills course does not provide a certification upon completion.

### **Entry Requirements**

To enrol in a CORE course, you must hold a health professional qualification. The Council does not provide First Aid Training to members of the community.

### **Finding a Provider**

- Contact the person in charge of resuscitation at your local DHB. This may be the resuscitation co-ordinator or a training co-ordinator at your local DHB.
- Contact your professional credentialing body for their preferred providers.
- Internet Search for providers in your region.

### **Instructor Training**

The NZ Resuscitation Council also trains and certifies instructors to deliver CORE Immediate and CORE Advanced and Newborn Life Support courses.

[Find out more](#)